

# August 15 Grand Prix Ranking Points – Nose Hill Long

#	Name	Category	Rookie Status (V/R)	Course	Elapsed Time in H:MM:SS	Time Per Km in Mins (TPK)	Relative O Speed Factor (ROSF)	Adjusted TPK (ATPK)	Ranking Points (RPs)	Personal Adj. Factor (PAF)	Personal Ranking Points (PRPs)
1	Mardy Roberts	F60	V	M	01:02:29	11.79	0.43	5.07	100		
2	Bina Billington*	F40	R	M	00:42:49	8.08	0.63	5.09	100		*missed some controls?
3	Jane Rowlands	F50	V	M	00:48:16	9.11	0.57	5.19	98		
4	Marion Owen	F50	V	M	00:49:22	9.31	0.57	5.31	95		
5	Odd Fugelstad	M40	V	L	00:51:08	6.64	0.85	5.64	90	0.75	120
6	Jonathan Winn	M40	V	L	00:56:13	7.30	0.85	6.21	82		
7	Andrée Powers	F45	V	M	00:55:22	10.45	0.61	6.37	80		
8	John Day	M35	V	L	00:57:15	7.44	0.87	6.47	78	0.68	115
9	Eileen Charles	F21	V	L	01:12:18	9.39	0.69	6.48	78		
10	Bill Jarvis	M45	V	L	01:05:56	8.56	0.80	6.85	74		
11	Jason English	M21	V	L	01:06:12	8.60	0.89	7.65	66		
12	Jen Silverthorn	F35	V	L	01:32:54	12.06	0.66	7.96	64	0.75	85
13	David Sharpe	M55	V	M	01:03:15	11.93	0.71	8.47	60	0.71	84
14	Karen Bradshaw	F21	R	M	01:07:47	12.79	0.69	8.82	57		
15	Marc Goulet	M40	V	L	01:26:22	11.22	0.85	9.53	53	0.75	71
16	Rosanne Tackaberry	F45	V	M	01:34:11	17.77	0.61	10.84	47	0.52	90
17	Cindy Heselton	F35	V	L	02:28:03	19.23	0.66	12.69	40	0.75	53
18	David Vallee	M35	R	L	02:09:19	16.79	0.87	14.61	35		

## Course Lengths:

M 5.30 Km  
L 7.70 Km

## Legend:

	Min ATPK	RP Equiv
Top 3 Mean	5.19	98
Gold - within 125% of the Mean ATPK of the Top 3 Racers	6.49	78
Silver - between 150% and 125% of the Mean ATPK of the Top 3 Racers	7.78	65
Bronze - between 200% and 150% of the Mean ATPK of the Top 3 Racers	10.38	49